


	The 3 Sets of Mysteries	When to Pray Which Set of Mysteries
	<u>The Joyful Mysteries</u>	Mondays: Joyful
	Annunciation	Tuesdays: Sorrowful
	Visitation	Wednesdays: Glorious
	Nativity	Thursdays: Joyful
	Presentation	Fridays: Sorrowful
	Finding Jesus in the Temple	Saturdays: Glorious
	<u>The Sorrowful Mysteries</u>	Sundays (default): Glorious
	Agony in the Garden	Sundays in Advent, Christmas, and Epiphany: Joyful
	The Scourging	Sundays in Septuagesima and Lent: Sorrowful
	Crowning with thorns	Sundays in Easter and Time after Pentecost: Glorious
	Carrying of the Cross	
	Crucifixion	
<u>The Glorious Mysteries</u>		
Resurrection		
Ascension		
Pentecost		
Assumption		
Crowning of Mary		

To start: Pick the set of Mysteries you want to meditate on -- Joyful, Sorrowful, or Glorious

At #1: State intentions, kiss Crucifix, make the Sign of the Cross, and say the Apostles' Creed

At #2: Say a Pater on the first large bead

At #3: Say 1 Ave on each of the 3 small beads. Now go up the right side of the Rosary and continue:

Large Red-colored Beads: Glory Be; Fatima Prayer; Announce Mystery & begin to meditate on it; Pater

All other Small Black Beads: Say an Ave on each bead. End back at the first red bead.

When Making The Sign of the Cross (Signum Crucis)

In nomine Patris et Filii et Spiritus Sancti. Amen.

The Apostles' Creed (Symbolum Apostolorum)

Credo in Deum Patrem omnipotentem, Creatorem caeli et terrae. Et in Iesum Christum, Filium eius unicum, Dominum nostrum, qui conceptus est de Spiritu Sancto, natus ex Maria Virgine, passus sub Pontio Pilato, crucifixus, mortuus, et sepultus, descendit ad inferos, tertia die resurrexit a mortuis, ascendit ad caelos, sedet ad dexteram Dei Patris omnipotentis, inde venturus est iudicare vivos et mortuos. + Credo in Spiritum Sanctum, sanctam Ecclesiam Catholicam, sanctorum communionem, remissionem peccatorum, carnis resurrectionem, vitam aeternam. Amen.

The Our Father (Pater Noster)

Pater noster, qui es in caelis, sanctificetur Nomen tuum. Adveniat regnum tuum. Fiat voluntas tua, sicut in caelo et in terra. + Panem nostrum quotidianum da nobis hodie, et dimitte nobis debita nostra sicut et nos dimittimus debitoribus nostris. Et ne nos inducas in tentationem, sed libera nos a malo.

Hail Mary (Ave Maria)

Ave Maria, gratia plena, Dominus tecum. Benedicta tu in mulieribus, et benedictus fructus ventris tui, Iesus. + Sancta Maria, Mater Dei, ora pro nobis peccatoribus, nunc, et in hora mortis nostrae. Amen.

Glory Be (Doxologia Minor)

Gloria Patri, et Filio, et Spiritui Sancto. + Sicut erat in principio, et nunc, et semper, et in saecula saeculorum. Amen.

Fatima Prayer (Oratio Fatimae)

Oh mi Jesu, dimitte nobis debita nostra, libera nos ab igne inferni, conduc in caelum omnes animas, praesertim illas quae maxime indigent misericordia tua.